

10th Anniversary



We never imagined 2020 would look like it does. Isn't it great to rest in the promise of God's word, knowing that our Heavenly Father holds our future? This year marks the 10-year anniversary of SOS Marriage Care as a nonprofit. We have personally been blessed to see and hear about the work God has done through Heart Care to redeem and restore marriages to countless couples each week.

You may be wondering what is “Heart Care”?

The Bible teaches that the HEART is the deepest part of us – the “executive center” of the human person. The HEART is our spiritual center, it's where decisions are made, and our deepest convictions are cultivated. In Luke 6:45 the Bible tells us *“The good person out of the good treasure of his heart produces good, and the evil person out of his evil treasure produces evil, for out of the abundance of the heart his mouth speaks.”*

So, Heart Care is the process of taking a couple through the Heart Care Workbook trusting that God will reveal the areas of the HEART that need His restoration through repentance and faith. This process normally consists of an interview, 4-day intensive and a follow-up.

As we look to 2021, we believe God wants to help more marriages find hope through local churches. We are excited to come alongside more churches to help equip and establish a Heart Care Ministry. If you have a heart for marriages and would like to see Heart Care at your church we want to connect with you in 2021.

Please continue to pray for Denise and me; that our marriage will stay strong and God honoring, for strength, stamina and Godly discernment to balance life and ministry. Pray for our Board of Directors and their marriages as we trust God for direction, opportunities and financial needs. And lastly, pray about the part God wants you to have in helping others experience redemption and restoration in their marriage. This is an investment opportunity that will impact generations to come.

We love you and Merry Christmas,

Roger & Denise
SOS Marriage Care Founders

TAKE A MOMENT

Fill out the enclosed card and return it to us. Tell us how you would like us to communicate with you in the future and if God is leading you to support SOS Marriage Care after you've prayerfully considered it.



EVENTS

Fall AT THE FARM

*Heather Allen
Fall at the Farm Co-Chair*

A huge thank you to everyone who joined us and supported SOS Marriage Care for the annual Fall at the Farm event and our 10th anniversary!

What a joy to watch many families wander the property enjoying gourmet s'mores, picking out pumpkins and shopping at the Farmer's Market. There was no shortage of laughs as kids and adults tried to guess the weight of the enormous 104 lb pumpkin and bid on Denise's tomato soup!

Through all the laughter and joy I found myself in awe of the redemptive power of our Lord as I watched families mingle and heard stories of how Jesus used Heart Care to change not only marriages but entire families - generational impact!

Your support of SOS Marriage Care financially and through prayers in making an impact on marriages and families.

DONATIONS REACH \$11k

Sales from the Farmer's Market, Silent Bid Auctions items and generous donations before, during and after the event totaled over **\$11,000!** Praise God! Thank you so much!

RUTH MOSELY WINS THE PUMPKIN

Congratulations to Ruth Moseley who guessed 102 pounds and was the closest to the weight of our Big Pumpkin weighing in at 104 pounds! Ruth and her sisters squealed with excitement as we drove up to her home to drop off her prize of having the pumpkin for their family and neighborhood fall festivities.

SWEET DONATIONS

We want to give a special **THANK YOU** to SOS Marriage Care Mentors for their sweet donation of 10 jars of 100% pure, local (like a mile away as a crow flies) honey jars to sell at the Farmer's Market. What a special surprise donation and a yummy one too!

GENEROUS LOVE

In honor of the 10th Anniversary of SOS we drew a name out of a bucket for a \$100 dinner gift certificate. The winning couple gifted the prize to another Heart Care couple who had just had their fourth baby. What a giving, loving SOS Marriage Care community we have invested in!



Praying with your spouse

*Matt and Heather Allen
SOS Marriage Care Alumni
and Board Members*



In Heart Care we hear the phrase "Marriage the way God designed it" a lot. But what does that really mean?

The most essential part of doing marriage the way that God has designed it is putting Jesus first not only in our marriages but also in our own lives. It means digging into the stuff that hurts us the most and allowing Jesus to redeem it. How can our marriage work if our relationship with Christ is not there? Oneness in marriage involves being spiritually, physically, and emotionally connected.

Often times when we are spiritually connected the rest just falls into place. So, how can we put Jesus first in our marriage, allowing Him into the good and the hard parts? For us that starts with prayer.

A few years ago it was suggested that we begin praying with each other every day. This meant taking time to pray that was more than just blessing the groceries at the dinner table. Since then we have made it a priority to pray with each other each morning. Before one of us leaves the house, we stop, sit next to one another, hold hands and take turns praying.

We pray over our day, protection for one another and our children. We pray for the things that we know are coming up in each other's day and the areas that we are each struggling in. We take time to thank Jesus for specific characteristic or actions of our spouse. It's a simple but powerful way to bring Christ back to the center of our marriage and our own hearts.



"Prayer is a powerful way to bring Christ back to the center of our marriage and our own hearts."

When we have couples sitting across our kitchen table from us and they ask how they can become more unified and communicate better our answer is simple: pray together and read Proverbs each night.

When our marriage started spiraling we began reading one Proverb a day together. We read it aloud, took a few minutes to highlight the parts that stood out or spoke to us and then discussed those things with each other.

More often than not those few minutes spending time in the Bible together would lead to long conversations that brought us closer in ways we never expected. Some of those first days reading Scripture together are some of our favorite memories in what was an otherwise broken time in our marriage.

When we are not close to one another, when we choose to put

our selfish desires first that is when we start separating from each other physically or emotionally.

As we begin to put Jesus first in our lives and in our marriages, we find that it begins to trickle down to all the parts of our lives. Our selfish desires begin to slowly fade away and our focus becomes more on our spouses. When we are synched, forgiveness rolls off the tongue with ease, heated conversations turn soft faster, our words turn to encouragement and love. Closeness with our spouse is only possible through daily faith and repentance with our Father.

To do marriage as God intended, we have learned that communication is absolutely essential, not only with our spouse, but most importantly our heavenly father.



MINISTRY

Supporting Churches

Scott & Jennifer Marion
Relevant Community Church

Scott and I lead the Couples Ministry at Relevant Community Church and have been using resources from SOS Marriage Care for three years. We appreciate so many aspects of Heart Care, but from a practical standpoint, it provides a structured response to all couples in crisis.

We want to train couples on our team how to walk with others and now we know exactly what to share. Our team can say chapter 4 was the pivot point, or that the chapter on pride was the one God used to transform a person, and we can better

discern issues because of the consistency Heart Care provides.

When we don't know how help a couple we reach out to Roger & Denise and their insight and experience is so solid! This is so valuable to us as we lead our team.

Relevant started supporting SOS three years ago. Since then, our church has began a yearly campaign called Be Rich; a Sunday in November when we donate 100% to nonprofits. We are now able to support SOS more than ever before because of the Be Rich initiative and generous couples who are grateful for SOS Marriage Care.

BECOME A SUPPORTING CHURCH

If your church is looking for additional ways to provide God's hope and healing to hurting marriages contact SOS Marriage Care about becoming a supporting church.

2-Day Training

♥ Heart Care

for Leaders and Mentors

Would you like to be equipped to protect your marriage and stay connected with your spouse?
 Would you like to be better prepared to help someone better understand *marriage as God designed it*? Would you like to be ready to help a couple understand what is blocking them from true emotional/spiritual/physical intimacy and guide them through Biblical resolution?

Join SOS Marriage Care for Heart Care Training



When
 Friday, April 23, 6 - 9 p.m.
 Saturday, April 24, 9 a.m. - 4 p.m.

Where
 Coram Deo Church
 8787 Pacific Street
 Omaha, NE 68114

Cost
 \$150/couple
 (\$100/couple for Member Churches)

Includes materials (\$135 value) and meals on Saturday

RSVP Call (402) 253-2355
 Email denise@sosmarriagecare.com
 Detach and mail the following

HCT 2021

NAME(S) _____ CHURCH NAME _____

MAKE CHECKS PAYABLE TO: SOS MARRIAGE CARE, PO BOX 11, Springfield, NE 68059 OR return debit/credit below.

Name On Card _____ Billing Address _____

City _____ State _____ Zip Code _____

Card # _____ **Workshop Cost: \$** _____

Expiration Date ____/____/____ **Tax Deductible Donation Amount: \$** _____

CVC# _____

Email for receipt _____ **Total amount to charge: \$** _____

UPCOMING

2021

MARCH 20

Hobby Farm Clean-up. Help us prepare for the 2021 Easter Egg Hunt by cleaning up the Hobby Farm.

MARCH 28

Easter Egg Hunt at the Friesen Hobby Farm.

APRIL 23-24

Heart Care Training for Leaders & Mentors

OCTOBER 3

Fall at the Farm Family Event

Become a supporting church



At SOS Marriage Care we realize there are many hurting marriages looking to find hope in a world full of hopelessness and we can't do that alone

We do believe that God wants to provide that hope through the local church. Ephesians 4:12 tells us that as "saints" (if you call yourself a Christian that's you) we are to be equipped "for the work of the ministry".

So, if you are the Pastor or Leader in a local church, we would be honored to sit down with you and explain how SOS Marriage Care can come alongside your church and help you equip those that have a heart for marriage.

If you have a heart for marriages and would like to see Heart Care being offered in the church you attend talk to your Pastor about meeting with us to discuss ways SOS Marriage Care can provide support, training and materials.

Marriage is under attack and God has called the Church to be a part of His ministry of reconciliation and hope.

Please consider joining us today!

TAKE THE NEXT STEP

Email denise@sosmarriagecare.com or visit sosmarriagecare.com/churches.